

नेपाली सेना

प्रा.उ.से. Hygiene and sanitation (खुला) पदको पाठ्यक्रम

समय:- ३ घण्टा

पूर्णाङ्क :-१००

उत्तीर्णाङ्क:-४०

उद्देश्य

यो पाठ्यक्रम नेपाली सेनाको प्रा.उ.से. Hygiene and sanitation पदका उम्मेदवार छनौट परीक्षाको लागि निर्धारण गरिएको हो । प्रा.उ.से. Hygiene and sanitation पदका उम्मेदवार छनौटको लिखित परीक्षामा सरिक हुने उम्मेदवारहरूको पेशा सम्बन्धि विषयलाई आधार मानि प्रश्नहरू सोधिने छन् ।

- (क) लिखित परीक्षाको माध्यम अंग्रेजी भाषा हुनेछ ।
- (ख) माथि उल्लेखित पत्रहरूको पाठ्यक्रमको रूपरेखा अनुसार विषयवस्तु एउटै हुनेछ ।
- (ग) लिखित परीक्षाबाट छनौट भएका उम्मेदवारहरूलाई मात्र अर्को चरणको परीक्षामा सम्मिलित गराइनेछ ।
- (घ) नेपाली सेनाको तत्कालिन आवश्यकता तथा विविध परिस्थितिमा नेपाली सेना अनुकूल हुने गरी उल्लेखित विवरणहरूमा हेरफेर हुन सक्नेछ ।
- (ङ) पाठ्यक्रम लागू मिति : २०६८/०९/२८ गते देखि

प्रश्नको किसिम	प्रश्नको संख्या र अंक	कैफियत
लामो उत्तर दिनु पर्ने प्रश्न	५×१०=५०	
छोटो उत्तर दिनु पर्ने प्रश्न	५×५=२५	
बस्तुगत (Objectives)	२५×१=२५	

Curriculum for प्र.उ.से. Hygiene and sanitation

1. Concept of ecology, ecosystem and its impact on human health.
2. Effects of air pollution on human health.
3. Air borne diseases.
4. Water purification WHO standard, prevention and control measures.
5. Water borne diseases.
6. Solid waste disposal and management system.
7. Sewage disposal system
8. Concept of human excreta disposal system.
9. Knowledge of field latrine
10. Types, sources and effects of solid waste on human health.
11. Vectors and Rodents prevention & control method.
12. Mode of disease transmission.
13. Food contamination, adulteration, fortification and food borne diseases.
14. Management of food hygiene.
15. Milk hygiene, pasteurization and milk borne diseases.
16. Importance of meat in health, meat borne diseases and maintenance of meat hygiene.
17. Concept of healthy hospital environment.
18. Ward and OPD environmental hygiene and sanitation.
19. Personal hygiene (Patients & staffs)
20. National law of environment pollution, control measure and mechanism.
21. Epidemiology of infectious diseases and non infectious diseases prevalent and incidence rate in Nepal.
22. Epidemiological concept and tools of disease management (plan and organize control program) for disease prevalent.
23. Occupational health hazards and safety measures.
24. Quality assurance in health service.
25. Statistic of hospital admitted patient and OPD attendance clients (Clinical statistics)
26. Knowledge about housekeeping.
27. Meaning, purpose, importance of research activities in hospital and its implications.
28. In service refresher training & qualification career development training to hospital staffs on hygiene and sanitation.